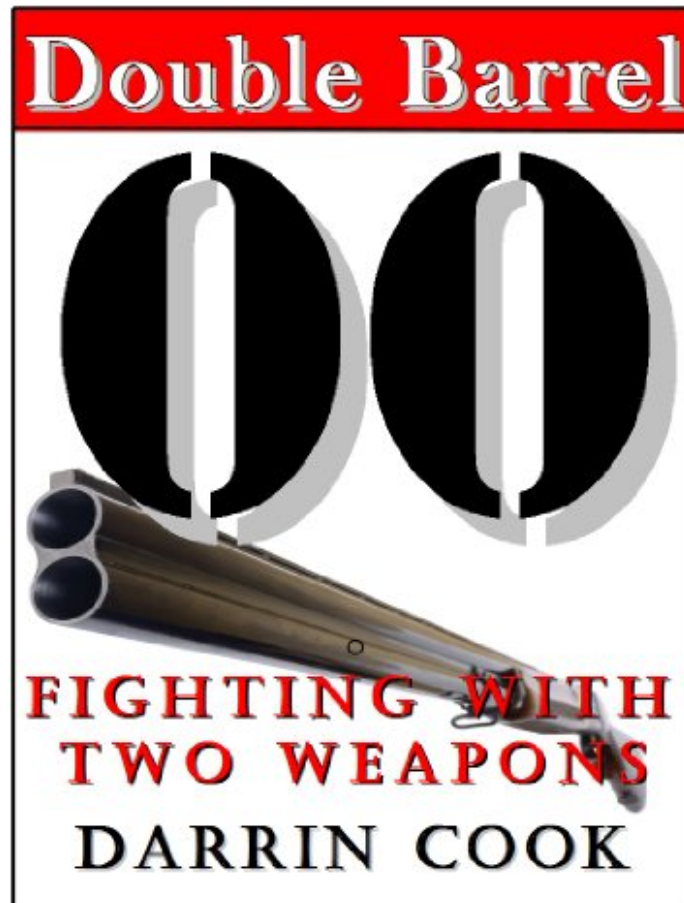


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## Double Barrel: Fighting with Two Weapons (English Edition)

Von Darrin Cook

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**Von Darrin Cook : Double Barrel: Fighting with Two Weapons (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Double Barrel: Fighting with Two Weapons (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Great ans usfull !Von Mr. MagnusNot only one but two fighting systems are in this book:1. Double barrelA simplified and close quarter adapted double stick fighting system2. Sledge hammerA system of how to use a heavy tool as fighting weapon.Both system are based on the Philippine art of fighting but adapted to modern circumstances, simplified and easy to understandYou not just get the book but a lot of links to you tube to get some videos how it works.So it is really easy to understand and get the ideas of how to practice !!!!A good book for anybody who is interested in real

fighting systems !!!

Kurzbeschreibung "Double Barrel: Fighting with Two Weapons" is a double-weapon system featuring two short weapons. It is a simplified system, featuring the most essential elements of fighting with two short weapons. The result is a system that can be learned in a day. "Double Barrel" remedies the flaws of the Filipino sinawali method, resulting in a style that is compatible with Thai boxing and can be done with impromptu weapons. "Double Barrel" is photo-illustrated and contains links to instructional videos. As an added bonus, "The Sledgehammer Method" is included -- a technique for using long, heavy tools like shovels and axes as weapons. "The Sledgehammer Method" is a simple yet effective technique for these real-world tools ignored by the martial arts. Photo-illustrated, with embedded links to an instructional video.

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