

[FREE] Double Duty: The Parents' Guide to Raising Twins, from Pregnancy through the School Years (2nd Edition)

Double Duty: The Parents' Guide to Raising Twins, from Pregnancy through the School Years (2nd Edition)

Von Christina Baglivi Tinglof

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The Parents' Guide to Raising Twins,
from Pregnancy Through the School Years



Christina Baglivi Tinglof

"Singularly successful in combining practical advice with reassurance
and encouragement." —Pamela Fierro, About.com

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Von Christina Baglivi Tinglof : Double Duty: The Parents' Guide to Raising Twins, from Pregnancy through the School Years (2nd Edition) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Double Duty: The Parents' Guide to Raising Twins, from Pregnancy through the School Years (2nd Edition):

KundenrezensionenHilfreichste Kundenrezensionen1 von 1 Kunden fanden die folgende Rezension hilfreich. The best collection of how-to's and know-how's for twins!Von Ein KundeMs. Tinglof does what no other book about twins has done: not only is her information current, accurate, and informative - but she uses personal stories from other parents of twins. Other books provide "their way" of handling the difficult (but wonderful) experience of twins, but "Double Duty" shows its readers how real families (who have read ALL the books and have years of experience) with twins (from newborns to teenagers) have been able to find their own ways of dealing with their special circumstances.No other book goes into such problems as child care, shopping, and traveling alone with twins as this book does. The book is also short, sweet, and to the point. If you have already read the other books and still need need help...this book is a godsend!!!0 von 0 Kunden fanden die folgende Rezension hilfreich. Very well writtenVon Kellie HartI am expecting twins and have bought several books on this subject. This was the first book I actually read from cover to cover! It was well organized and informative on the things I felt most important (like how will I shop for groceries with twins?). I recommend it highly and I believe that it will keep your interest throughout.

KurzbeschreibungNot 10, but 20 fingers and 20 toes!The classic guide to parenting twins-now completely updated and revised! You're excited to hear your baby's heartbeat during the ultrasound. But what happens when you hear two heartbeats instead of one? Having a baby can cause any parent to feel overwhelmed, and with twins those concerns are multiplied by two. Having twins is a unique experience, and expert Christina Tinglof brings you the fully updated essential guide to help you cope with any issue that can arise-from pregnancy through the school years. With multiple pregnancies becoming more common, the second edition of this timely book provides you with the much needed information, practical tips, and strategies for handling the everyday challenges of parenting twins. Double Duty includes: Up-to-date information on diagnosis and treatment of complications common to multiple pregnancies-plus dietary guidelines specific to a twin pregnancy The latest must-have products that simplify day-to-day life Survival tips and trouble-shooting techniques for the critical first month Tips on how to breastfeed or bottle feed two infants at once Money-saving advice for accommodating two new additions to the family The pros and cons of placing twins in the same classroom Advice on how to discourage unhealthy sibling rivalry Includes the TOP FIVE: Exercises for extremely pregnant women Ways to bond with premature babies Baby wardrobe essentials Bedtime strategies Ways to establish each child's individuality VENDORSEMENTS FOR DOUBLE DUTY 2ND EDITION (ISBN: 0071613447) by Christina Baglivi Tinglof Double Duty 2nd Edition is singularly successful in combining practical advice with reassurance and encouragement from seasoned parents of twins. It neither sugar coats nor overstates the challenges, but presents a straightforward picture of what parents can expect from their twins at every stage, from pregnancy through the teen years. Tinglof mingles thorough research with personal anecdotes to present a comprehensive resource for parents of twins. With updated information about the medical issues of multiple pregnancy and new insights about the psychology of the twin relationship, the new edition is recommended reading for all prospective parents of twins-Pamela Fierro, Guide to Twins Multiples at About.comKurzbeschreibungNot 10, but 20 fingers and 20 toes!The classic guide to parenting twins-now completely updated and revised! You're excited to hear your baby's heartbeat during the ultrasound. But what happens when you hear two heartbeats instead of one? Having a baby can cause any parent to feel overwhelmed, and with twins those concerns are multiplied by two. Having twins is a unique experience, and expert Christina Tinglof brings you the fully updated essential guide to help you cope with any issue that can arise-from pregnancy through the school years. With multiple pregnancies becoming more common, the second edition of this timely book provides you with the much needed information, practical tips, and strategies for handling the everyday challenges of parenting twins. Double Duty includes: Up-to-date information on diagnosis and treatment of complications common to multiple pregnancies-plus dietary guidelines specific to a twin pregnancy The latest must-have products that simplify day-to-day life Survival tips and trouble-shooting techniques for the critical first month Tips on how to breastfeed or bottle feed two infants at once Money-saving advice for accommodating two new additions to the family The pros and cons of placing twins in the same classroom Advice on how to discourage unhealthy sibling rivalry Includes the TOP FIVE: Exercises for extremely pregnant women Ways to bond with premature babies Baby wardrobe essentials Bedtime strategies Ways to establish each child's individuality VENDORSEMENTS FOR DOUBLE DUTY 2ND EDITION (ISBN: 0071613447) by Christina Baglivi Tinglof Double Duty 2nd Edition is singularly successful in combining practical advice with reassurance and encouragement from seasoned parents of twins. It neither sugar coats nor overstates the challenges, but presents a straightforward picture of what

parents can expect from their twins at every stage, from pregnancy through the teen years. Tinglof mingles thorough research with personal anecdotes to present a comprehensive resource for parents of twins. With updated information about the medical issues of multiple pregnancy and new insights about the psychology of the twin relationship, the new edition is recommended reading for all prospective parents of twins-Pamela Fierro, Guide to Twins Multiples at About.com

Synopsis What lies ahead for expectant parents of twins? Immeasurable joy, plus many sleepless nights. Parenting twins is unlike parenting siblings of different ages. From infancy through the teen years, twins require a bit more energy and diplomacy, plus lots of clever ideas. "Double Duty: The Parents' Guide to Raising Twins, from Pregnancy Through the School Years" offers plenty of reassuring advice and practical strategies for coping with the challenges that lie ahead. Featuring a wealth of tips from couples with twins who've lived to tell about it, "Double Duty" covers everything from managing a multiple pregnancy to the first days of school. Whether you're concerned about bonding with two babies at once, getting them on the same schedule, or separating your inseparable duo for a day, "Double Duty" suggests many comforting solutions. It covers such twin-specific issues as: how to increase the chances of a healthy pregnancy; how to prepare home and family for the arrival of twins; how to survive the critical first month; how to breastfeed or bottle feed two infants at once; the pros and cons of dressing twins alike; how to encourage paternal involvement; how to avoid speech difficulties in twins; and, how to avoid unhealthy competition between the siblings.

Christina Baglivi Tinglof has had travel features published in the "Los Angeles Times", "Chicago Tribune", "Boston Herald", and "Westways Magazine". Now, as a full-time mother, she writes on parenting for "LA Parent" and "Central California Parent" magazines. She lives in Los Angeles with her husband, Kevin, and their fraternal twin boys, Joseph and Michael.