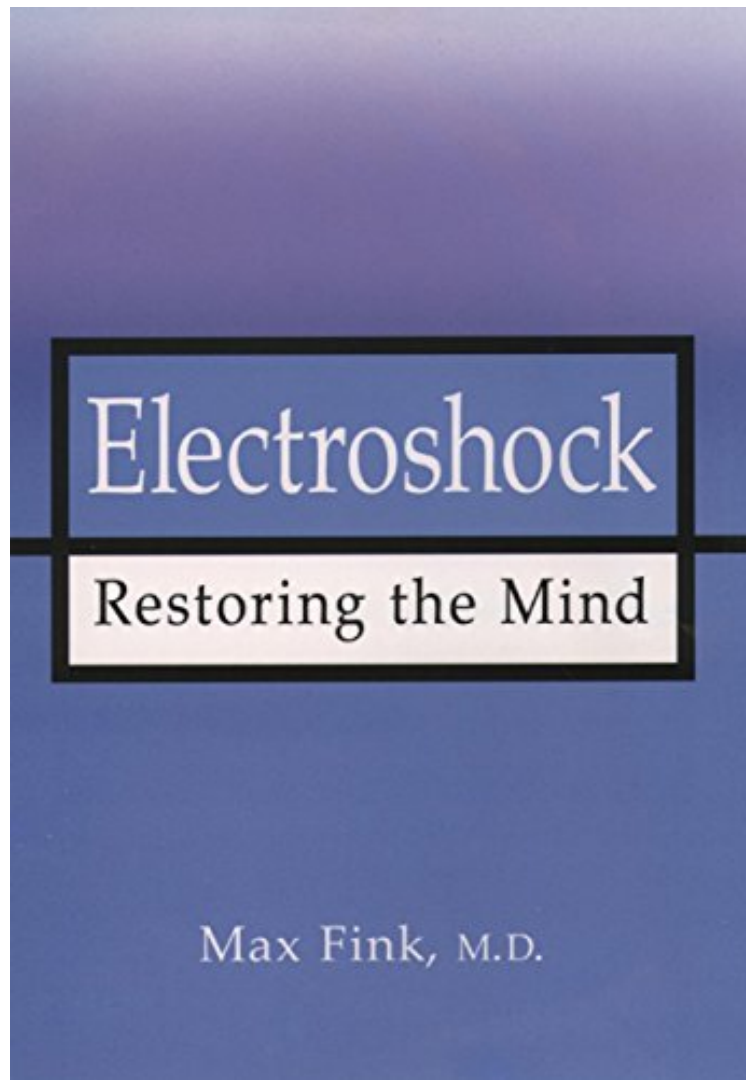


[Free read ebook] Electroshock: Healing Mental Illness

Electroshock: Healing Mental Illness

Von Max Fink

*ebooks / Download PDF / *ePub / DOC / audiobook*



 Download

 Read Online

Produktinformation Verffentlicht am: 2002-12-19Erscheinungsdatum: 2002-12-19File Name:
B00VQVPQI8 | File size: 32.Mb

Von Max Fink : Electroshock: Healing Mental Illness before purchasing it in order to gage whether or not it would be worth my time, and all praised Electroshock: Healing Mental Illness:

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. A very useful publication for patients and familiesVon Ein KundeMax Fink's "Electroshock: Restoring the Mind", despite its provocative title, is a very useful, easily absorbed, informative,and lucidly written book presenting a master clinician's perspective on this controversial -yet indispensable- treatment for severe mental illness. Professor Fink explains the changes that have made this once feared treatment safe and painless with only minor and reversible side effects and guides the reader with admirable clarity through technical explanations, indications and side effects, easily understood

descriptions of the mental conditions this treatment is particularly helpful in, intriguing insights about the way ECT works, and interesting speculations about the future. These are all very helpful to demystify the treatment, particularly for patients who are offered the treatment and their relatives, present an introductory text for psychology and psychiatry students, and alleviate fears associated with rumors and prejudice for the general public. This is an important and timely contribution in an era when the use of ECT is actually on the rise and its application is finally based on solid scientific research. The book is also significant for two additional reasons. One is the history of ECT it provides which gives a perspective in time and helps understand the social and scientific contexts in which this treatment was born, used, abused, and denigrated. The second is the wealth of invaluable stories of the many patients that Dr Fink has cared for over the decades, who have had their illness restored by ECT when nothing else was working, and who in turn, through the exposition of their experience, are the ones who truly restore its reputation.

0 Kunden fanden die folgende Rezension hilfreich. Practical Comprehensive Authoritative Von Ein Kunde This book deserves wide interest in the government and health care industries. It will be particularly valuable to the many psychiatrists who have had no interest or training in ECT. Max Fink is practicing psychiatrist, professor, and physician-scientist author, and authority on the many forms of mental and physical illnesses that can be alleviated by electroshock. He is particularly concerned that ECT is not considered or available in many cases where it is indicated. An example cited is the inordinate delays and difficulty a father had in obtaining ECT for a schizophrenic son that was documented in a book. Another patient with a history of recurrent treatable depression received a custodial placement in an Alzheimer's facility. Significant points are made by these three the mentally ill lack the facilities to give the treatment.

2. "The indications for ECT have been broadened--it has gone from being the last resort for unresponsive depressed and suicidal patients to being a treatment option for patients with delusional depression, mania, and catatonia. ECT can also be useful in patients with Parkinsonism and those suffering from neuroleptic drug toxicity. Treatment can be given in the presence of complex systemic disorders and mental retardation.

3. We call upon it because it is effective, often more so than alternative treatments, and because modern practice has made it safe. Finally, he makes the point that health care financing as controlled by federal and state legislators, the insurance industry, managed care executives, the pharmaceutical industry, makes psychiatric hospital care largely unavailable. The result is that in medicine the sickest get the best care, but in psychiatry the sickest get the least care. Fink concludes "Psychiatric care in the United States is in such turmoil that the problem of restoring the availability of electroshock seems nearly insignificant.

0 Kunden fanden die folgende Rezension hilfreich. A notably concise and understandable patient/family guide. Von amedelson@topnet.net This refreshingly candid and uplifting book by the world's foremost psychiatric authority on electroshock therapy is remarkable for its clarity and utility. It is written as a guide for patients and their families who seek a balanced and informed perspective on this treatment mode in its modern form. It is a tragedy that patients who have failed adequately to respond to psychotherapy or drugs are often reluctant to avail themselves of this now safe and effective treatment, thus losing years out of their lives, and, all too often, life itself, through suicide. This book should help to move society beyond the old "One Flew Over the Cuckoo's Nest" stereotype about electroshock and to open its eyes to a still under-utilized treatment for a number of major psychiatric illnesses that often receive inadequate treatment today. It is also a book that in many instances patients should give to their physicians to open their minds to this treatment strategy. I was especially impressed by the case histories presented in the book. Obviously, there are untold numbers of patients who have failed to respond to "standard" treatments but who might be returned to wellness if only they were given the chance in time. -Alan M. Edelson, Ph.D.

Kurzbeschreibung Electroshock therapy has long suffered from a controversial and bizarre public image, effectively removing it as a treatment option for many patients. In *Electroshock*, Max Fink, M.D., draws on 45 years of clinical and research experience to argue that ECT is now a safe, painless, and sometimes life-saving treatment for emotional and mental disorders. Dr. Fink traces the development of ECT from its discovery in 1934 followed by widespread use for two decades, to the 1950s when it was largely replaced by the introduction of psychotropic drugs, to its revival in the past twenty years as a viable treatment. He provides actual case studies of patients who have been treated with ECT and illustrates that many disorders--such as depression, mania, catatonia, and schizophrenia--respond well to it. As he explains the whole procedure from preparation to recovery, we see what the patient experiences. Fink also shows how anesthesia and muscle relaxation have refined ECT, minimizing discomfort and reducing risks to a level far lower than those experienced by patients using psychotropic drugs routinely prescribed for the same problems. Clarifying the many misconceptions surrounding ECT, *Electroshock* is an excellent sourcebook for patients, their families, and mental health professionals.

Pressestimmen "Dr. Fink...writes about the use of electroshock in the treatment of depression, mania and schizophrenia, among other disorders. He cites numerous studies that he says demonstrate its effectiveness, its record in reducing the cost and length of inpatient treatment, and its ability to bring on antidepressant effects earlier 'and more robust than those of antidepressant drugs.' Dr. Fink's assessment is

generally confirmed by the National Institute of Mental Health, which characterizes electroshock therapy as 'one of the most effective yet most stigmatized treatments for depression.'"--The New York Times

"In an America long besotted with psychotherapy, Max Fink carried an often lonely torch for the physical treatment of psychiatric disorders Electroshock is a slim volume, packing a punch of controversy."--Nature

"This book, clearly written, concise, and assertive, should help balance the picture, educating mental health professionals and the general public alike"--Forward Magazine

"Dr. Fink...writes about the use of electroshock in the treatment of depression, mania and schizophrenia, among other disorders. He cites numerous studies that he says demonstrate its effectiveness, its record in reducing the cost and length of inpatient treatment, and its ability to bring on antidepressant effects earlier 'and more robust than those of antidepressant drugs.' Dr. Fink's assessment is generally confirmed by the National Institute of Mental Health, which characterizes electroshock therapy as 'one of the most effective yet most stigmatized treatments for depression.'"--The New York Times

"In an America long besotted with psychotherapy, Max Fink carried an often lonely torch for the physical treatment of psychiatric disorders Electroshock is a slim volume, packing a punch of controversy."--Nature

"This book, clearly written, concise, and assertive, should help balance the picture, educating mental health professionals and the general public alike"--Forward Magazine

"Among many ECT books that cover similar content, this volume really stands out. It not only reviews evidence-based literature but also reflects the author's enormous amount of personal experience in taking care of severely ill and often treatment-resistant patients....This book is clearly written by a strong ECT advocate, but it presents a balanced view of concomitant treatment options and alternatives."--Ethiopian Review, part of DC's Health News Forum

"Dr. Fink...writes about the use of electroshock in the treatment of depression, mania and schizophrenia, among other disorders. He cites numerous studies that he says demonstrate its effectiveness, its record in reducing the cost and length of inpatient treatment, and its ability to bring on antidepressant effects earlier 'and more robust than those of antidepressant drugs.' Dr. Fink's assessment is generally confirmed by the National Institute of Mental Health, which characterizes electroshock therapy as 'one of the most effective yet most stigmatized treatments for depression.'"--The New York Times

"In an America long besotted with psychotherapy, Max Fink carried an often lonely torch for the physical treatment of psychiatric disorders Electroshock is a slim volume, packing a punch of controversy."--Nature

"This book, clearly written, concise, and assertive, should help balance the picture, educating mental health professionals and the general public alike"--Forward Magazine

"Among many ECT books that cover similar content, this volume really stands out. It not only reviews evidence-based literature but also reflects the author's enormous amount of personal experience in taking care of severely ill and often treatment-resistant patients....This book is clearly written by a strong ECT advocate, but it presents a balanced view of concomitant treatment options and alternatives."--Ethiopian Review, part of DC's Health News Forum

Kurzbeschreibung

Electroshock therapy has long suffered from a controversial and bizarre public image, effectively removing it as a treatment option for many patients. In *Electroshock*, Max Fink, M.D., draws on 45 years of clinical and research experience to argue that ECT is now a safe, painless, and sometimes life-saving treatment for emotional and mental disorders. Dr. Fink traces the development of ECT from its discovery in 1934 followed by widespread use for two decades, to the 1950s when it was largely replaced by the introduction of psychotropic drugs, to its revival in the past twenty years as a viable treatment. He provides actual case studies of patients who have been treated with ECT and illustrates that many disorders--such as depression, mania, catatonia, and schizophrenia--respond well to it. As he explains the whole procedure from preparation to recovery, we see what the patient experiences. Fink also shows how anesthesia and muscle relaxation have refined ECT, minimizing discomfort and reducing risks to a level far lower than those experienced by patients using psychotropic drugs routinely prescribed for the same problems. Clarifying the many misconceptions surrounding ECT, *Electroshock* is an excellent sourcebook for patients, their families, and mental health professionals.