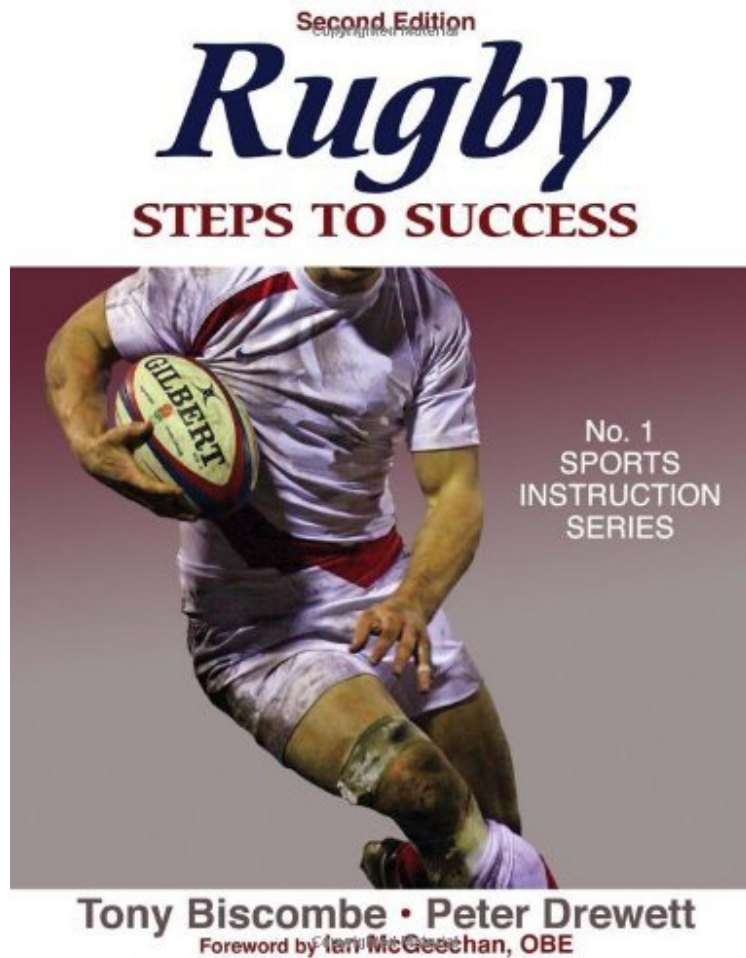


[Ebook free] Rugby: Steps to Success - 2nd Edition (Steps to Success Activity Series)

Rugby: Steps to Success - 2nd Edition (Steps to Success Activity Series)

Von Tony Biscombe, Peter Drewett
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Von Tony Biscombe, Peter Drewett : Rugby: Steps to Success - 2nd Edition (Steps to Success Activity Series)
before purchasing it in order to gage whether or not it would be worth my time, and all praised Rugby: Steps to
Success - 2nd Edition (Steps to Success Activity Series):

KundenrezensionenHilfreichste Kundenrezensionen3 von 3 Kunden fanden die folgende Rezension hilfreich. Rugby:
Steps to SuccessVon Monica VanBuskirkThis book is incredibly organized. It begins with basic skills, includes drills,
troubleshooting in the drills, mistakes usually made, how to correct them, and how to tell if you're doing things right.
Each chapter builds on what is learned before and gets into more and more complex tasks. It's almost like having a

coach right there with you. I highly recommend it for any rugby captain, coach or player.

Kurzbeschreibung Master the skills, master the game. Rugby: Steps to Success covers all of the skills, tactics and strategies you need to improve your play and dominate the pitch. With 13 progressive instructional steps, you'll learn all aspects of the game. Detailed descriptions, illustrations and photo sequences demonstrate the essential skills, including footwork, ball handing, tackling and kicking. Then practice and improve with 90 drills, each featuring a personal scoring system to gauge and accelerate your progress. After mastering the individual skills, you'll learn to apply them in match play. From retaining possession to attacking the opposition's weaknesses, you'll learn the strategies to dominate the pitch. Become a complete player and lead your team to victory. As part of the popular Steps to Success Sports Series--with more than 1.5 million copies sold worldwide--Rugby: Steps to Success will elevate your performance to new heights in all facets of the game. Pressestimmen ""An extremely well documented book, with systemic steps to develop rugby -An invaluable resource for the developing rugby coach and supporter."" Les Cusworth Assistant Coach, England Rugby Union Team Kurzbeschreibung Master the skills, master the game. Rugby: Steps to Success covers all of the skills, tactics and strategies you need to improve your play and dominate the pitch. With 13 progressive instructional steps, you'll learn all aspects of the game. Detailed descriptions, illustrations and photo sequences demonstrate the essential skills, including footwork, ball handing, tackling and kicking. Then practice and improve with 90 drills, each featuring a personal scoring system to gauge and accelerate your progress. After mastering the individual skills, you'll learn to apply them in match play. From retaining possession to attacking the opposition's weaknesses, you'll learn the strategies to dominate the pitch. Become a complete player and lead your team to victory. As part of the popular Steps to Success Sports Series--with more than 1.5 million copies sold worldwide--Rugby: Steps to Success will elevate your performance to new heights in all facets of the game.