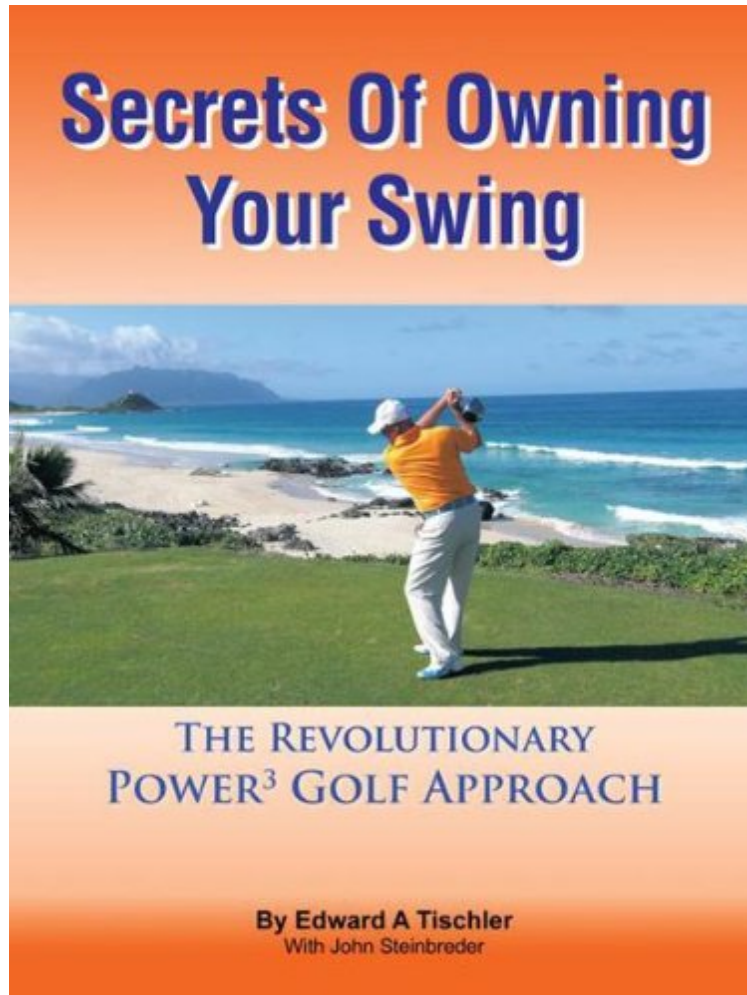


[Ebook pdf] Secrets Of Owing Your Swing: The Revolutionary Power3 Golf Approach (English Edition)

# Secrets Of Owing Your Swing: The Revolutionary Power3 Golf Approach (English Edition)

Von Edward A Tischler

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**Von Edward A Tischler : Secrets Of Owing Your Swing: The Revolutionary Power3 Golf Approach (English Edition)** before purchasing it in order to gage whether or not it would be worth my time, and all praised Secrets Of Owing Your Swing: The Revolutionary Power3 Golf Approach (English Edition):

KundenrezensionenHilfreichste Kundenrezensionen0 von 0 Kunden fanden die folgende Rezension hilfreich. Beste bersicht ber mgliche Bewegungsablufe beim GolfVon C.M. HornDer Markt ist voll mit Bchern des Inhaltes: so geht Golf oder so spiele ich Golf. Dies ist die mir bekannte einzige Ausnahme. Herr Tischler fhrt aus, dass es verschiedene, valide Arten gibt, erfolgreich Golf zu spielen, er demonstriert die verschiedenen Arten auch! Er arbeitet 16 Bewegungselemente heraus, jeweils in drei verschiedenen Versionen ausfhrbar.Jeder wei zwar, dass die Schwnge

verschiedener Menschen unterschiedlich sind, jedoch nur Herr Tischler arbeitet diese Unterschiede heraus. In weiteren Bchern stellt er bungen bereit, mit denen man herausfinden kann, welcher Bewegungsablauf am besten zu einem passt. Das Buch ist vermutlich nicht fr reine Anfnger geeignet, die vermutlich mit den gemachten Aussagen gar nichts anfangen knnen, fr fortgeschrittene Golfer das meiner Ansicht nach beste Buch, leider habe ich es erst krzlich fr mich selbst entdeckt, nach jahrelanger Lektre aller mglichen anderen Bcher, deren Hinweise leider nicht fr mich passend sind.

Kurzbeschreibung **Secrets Of Owning Your Swing - The Revolutionary Power-of-3 Golf Approach** introduces you to EA Tischler system for understanding how your golf machine works. EA believes that we all have unique body types and structures, and if we understand the structure of our body mechanics we can develop a swing that we can own for a lifetime. The book also overviews the basic concepts that provide the foundations for EA's system of coaching - **The New Horizons Golf Approach**. As part of that approach the **Power-of-3 Golf biomechanics** introduce 12 biomechanical features that all golf strokes possess. Each of the 12 features has 3 options and only one of those options fit your body mechanics. Identify the 12 feature/options that make-up your body mechanics, employ them in your swing technique and you will be able to truly own your swing. Within its pages you will discover the reality of how body mechanics affect your swing and you will gain the type of perspective that will bring clarity into your game. On the other hand, fight your body mechanics and your game will always seem like a battle.

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ber den Autor und weitere Mitwirkende EA Tischler is the Founder and Director of Instruction of the **New Horizons Golf Approach**. He grew up in California's San Francisco Bay Area. He attended U.C. San Diego where he was the golf team captain as he pursued double majors in Philosophy and Management Science with an area of concentration in Psychology. In 1989 he turned professional and has been playing and coaching ever since. To date EA has self-published 18 golf instructional books, has invented and patented a variety of golf training aids, has helped dozens of golfers achieve their goals of playing professional golf, and in 2000 was voted as one of Hawaii's top teachers in the August issue of **Golf Digest Magazine**. After moving to Hawaii he became known as the "Pro's-Pro" As a player he honed his skills to a +4.5 handicap, compiled 8 hole-in-ones and 2 double eagles, and set 15 course records. He has dedicated his career and life to the game of golf and to the quest for providing all golfers the tools they need to Own their swings and their games. Throughout that process he has developed the **Power-of-3 Golf Biomechanics System**, which provides the secrets for truly owning your swing.